

STEPS TO START PERPETUAL ADORATION

Weekend of preaching with invitations distributed at the Masses

+2 days: Meeting for organisation of divisions with the "Missionary of the Most Holy Eucharist", the coordinator, division leaders chosen by the priest.

+2 to 21 days: Establish the rota: Division leaders contact the adorers who filled the invitations and ask them to choose a specific hour and day.

+3 to 5 weeks: Meeting for organisation of teams with all the leaders. Formation of team leaders and the handing in of the list of adorers of each team.

+4 to 8 weeks: 24 Meetings by team, organised separately by the team leaders. Or organised all together at the moment of the launch of the adoration.

Launch of perpetual adoration 4-8 weeks after the weekend of preaching.

WEEKEND OF ENROLING

To establish perpetual adoration in a parish, it is recommended to invite a "Missionary of the Most Holy Eucharist" who comes to preach at all the Sunday Masses. He will preach on Eucharistic adoration and emphasises the personal and ecclesial graces that result. Then he will invite parishioners to respond to the invitation of Jesus: "*Can you not watch one hour with Me?*". Just after the homily, invitations are distributed with pencils. Parishioners who wish to adore the Blessed Sacrament one hour a week write their name and phone number as well as the time they wish to come to pray: morning, afternoon, evening or night. They can also express their desire to help as team leaders. The invitations are retrieved during the parish collection. After the Mass, they are sorted into their division and accounted for.

MEETING FOR ORGANISATION OF DIVISIONS

1 or 2 days after the weekend of inscriptions, conducted by the "Missionary of the Most Holy Eucharist".
Those present number 5 to 10. They are **personally invited by the parish priest** for their organisational skills as well as for their love of the Blessed Sacrament. Here is the order of the meeting:
Presenting the importance of setting up an organisation (see the back of this page) (5') Presentation, if necessary, of the document "7 reasons to adore one hour a week" (5') presentation of the document "Replacements" (10')
Presentation of the document "Organisation of perpetual adoration" (15')
Presentation of this document "Steps to begin perpetual adoration" (10')
Nominate the coordinator and the four division leaders **in agreement with the parish priest** (5')

The invitations for each group are given to each division leader. Incomplete invitations are given to the coordinator who will treat them personally (5')

Exchange names and telephone numbers of the new leaders (5')

Choose a date for the meeting for the organisation of the team leaders, 3-5 weeks later, depending on the number of adorers.

Choose a launch date of adoration between 1 month and 2 months later. Be careful, perpetual adoration is called to last over time. So no need to rush in the organisation.

ESTABLISH THE ROTA

As soon as possible, division leaders fill the hours of their division with the invitations of their group. They call the persons concerned to ask them the exact hour when they wish to go to the chapel. They start with those who have chosen a specific hour, then those who have chosen a division of the day. It will be tried to best distribute the adorers on the rota. Network spreadsheets (like Google Excel can simplify the work). The following instructions may be helpful:

- a) Thank them for freeing one hour of their busy schedule.
- b) Ask them the day and hour desired or ask them if they agree to take an hour that is not taken.
- c) Encourage them if you notice a hesitation. If they do not wish to engage in the long term, offer them a trial period of a few weeks ... Very often, they will ask to keep the hour afterwards ...
- d) If necessary, ask them if they agree to be a team leader. In this case, confirm the selection with the parish priest. Invite them to the meeting of the team leaders.

e) Warning: for the hours of the night, be very clear in the description of the hour (e.g. 2am to 3am in the night from Tuesday to Wednesday)

Note: Communicating by mail or email is not recommended. It is best to talk directly with the adorer to be certain he understood the process ... *"Faith is born from what one hears"* (Rm 10, 17)

As soon as is possible, after having contacted the adorers, the work of the division leaders is pooled together. The rota of adorers must be completed if possible before the next meeting. A dynamic Excel file (see website: www.adoperp.fr) prints the spreadsheets in different formats ... The coordinator chooses a secretary for IT services...

MEETING FOR THE ORGANISATION OF TEAMS (Coordinator + 4 division leaders + 24 team leaders, 3 to 5 weeks after the weekend of preaching)

The coordinator follows the following steps:

Presentation of the importance of setting up an organisation (see below) (5')

Presentation, if necessary, of the document "7 reasons to adore one hour a week" (5') Presentation of the document "Adorers" (10')

Presentation of the document "Organisation of perpetual adoration" (15')

Presentation of the document "Steps to launch perpetual adoration" (10')

Team leaders receive the list of adorers (name and telephone number) members of their team.

Option 1) 24 MEETINGS OF EACH TEAM, SEPARATELY (before launch)

Each team leader will contact the adorers of the team for a meeting where the members will get to know each other. Here are the points to clarify:

Presentation, if necessary, of the document "7 reasons to adore one hour a week" (10') Presentation of the document "Adorers" given to each adorer (15')

The names and telephone numbers of everyone in the team for possible future swapping of hours; The location and opening date of the chapel;

Details of parking and the location of toilets, security measures ...

Option 2) MEETINGS OF TEAMS, DONE TOGETHER on the launch day

The adorers are gathered together for the launch of perpetual adoration. The coordinator can follow the following steps:

Presentation, if necessary, of the document "7 reasons to adore one hour a week" (10')

Presentation of the document "Adorers" given to each adorer (15')

Details of parking and the location of toilets, security measures ...

Then the teams gather around their team leader in various parts of the church to receive the names and telephone numbers of other adorers in the team, as well as to get to know each other, to facilitate possible future replacements (20');

Then launch of perpetual adoration with a procession or a holy hour together ...

Why does perpetual adoration need to be organised?

It must constitute a body. To coordinate pastoral activities, the parish must be organised and structured as a body, with a "spine". The methods and structures are not opposed to the inspirations of the Spirit who blows where he wills, but they allow pastoral projects to be supported by a common vision and thus achieve sustainable efficiency. The structure is at the service of men who wish to form a body to proclaim Jesus Christ by sharing their charisms and talents ...

The perpetual adoration chapel thus requires an organisation or a structure allowing the body of adorers to support each other in prayer, to ensure the perpetuity of the chain of adoration and to attract new adorers ... The commitment to a regular hour of adoration helps adorers to make themselves durably loyal. Without this, adoration runs the risk of being based on overly emotional or sentimental reasons (I will adore when I feel like it, if I have time after everything else ...)